



Our Dependence on The Earth We Live On

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INFORMATION

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ABSTRACT

The article reveals that the Sun, the Earth, and the Man have the same torus shape nonlinear electromagnetic field (NEMF), and if so they should communicate or influence each other. Our science claims that all biorhythms in the body are ruled by light and if so Sun's light should rule them. However, our breathing has maximum at 3 pm and minimum at 3 am, and there is no Sun light at 3 am to activate the breathing after the minimum. So, I decided to look for another activating factor. I found that Earth's maximum temperature with maximum extension of its ionosphere and atmosphere is at 3 pm (like breathing in) and min at 3 am (like breathing out). So, our breathing is synchronized with Earth's breathing. This raises the question: In long-lasting cosmic travels how long Man can live healthy without having his feet on the Earth? Maybe we should try to imitate the periodic changes of Earth's magnetic field on the space ships and space stations.

1. Introduction

A glass of poison drank at the morning would not harm you, but the same glass of poison when drank in the evening will kill you. This is because our immune abilities are dramatically different at the morning and in the evening.

Why are we so different at the morning and in the evening? Our immune abilities depend on the amount of cortisol (the active form of cortisone in the body), which is secreted in our blood by the adrenal glands on top of the kidneys. The cortisol amount starts growing after 3 am when the breathing starts growing after its min at 3 am. With the growth of cortisol amount, our body energy grows, preparing us for the activities of the day.

When the amount of cortisol in the blood is high enough, we awake with the feeling we have rested well, and we are full of energy ready to start the daily activities. The amount of cortisol in the blood drops down at the afternoon, and our body energy drops down, to prepare us for the night rest and sleep. The amount of cortisol in the blood beside our body

energy also determines our immune abilities - high at the morning and low in the evening, which makes each body pain low at the morning and high in the evening. All this means that the cortisol cycle with minimum at 3 am and maximum in 3 pm is ruled by the cycle of breathing, which is minimum at 3 am and maximum at 3 pm (Kuman, 1993a).

2. Sun, Earth, and Man Have the Same Torus Shape Nonlinear Electromagnetic Fields (NEMF)

Our science says that all cyclic reactions in the body (called biorhythms) are ruled by light, but there is no light at 3 am to stimulate the breathing. What rules the breathing cycle?

The nonlinear electromagnetic field (NEMF) of man is seen as aura. Some extra-sensitive people see the aura. Dr. John Pierrakos (a medical doctor) was such a person – he was able to see people's auras, and he diagnosed his patients in New York based on what he saw in their aura. He said that the aura was very vibrant and dynamic. Dr. Pierrakos also said that the aura of the Earth had maximum extension at 3 pm and min at 3 am.



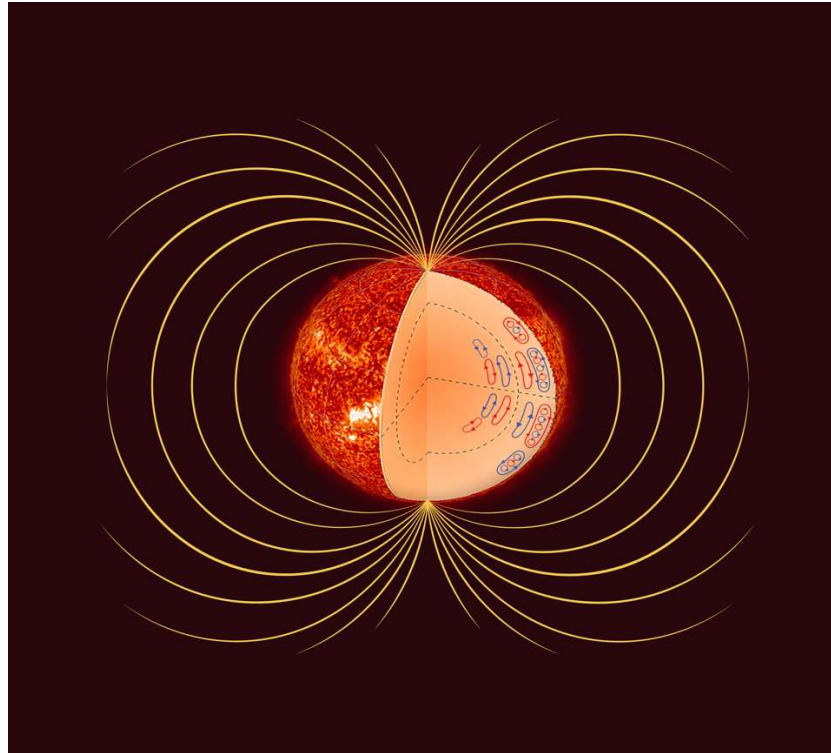


Fig. 1. The nonlinear electromagnetic field (NEMF) of the sun

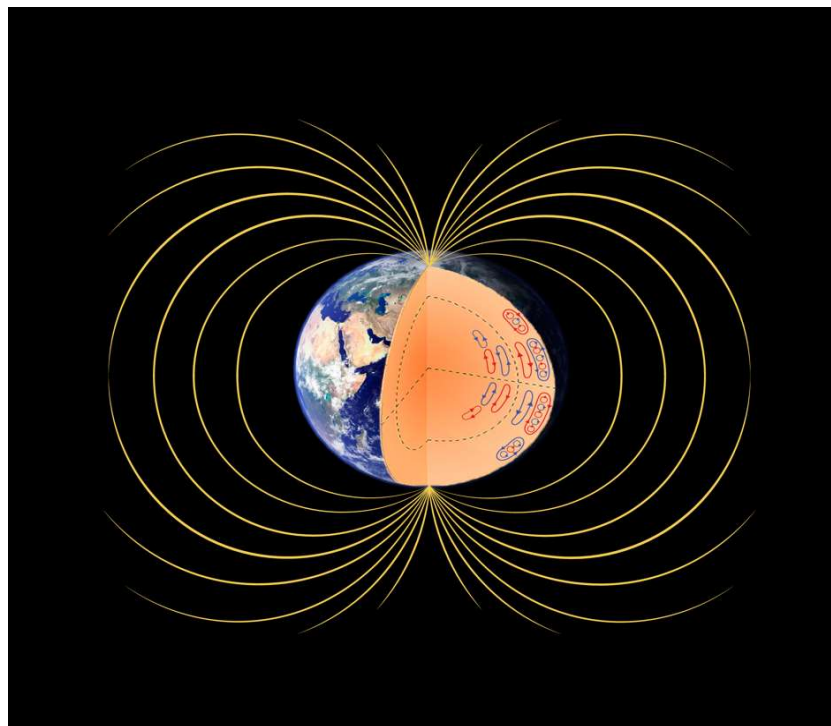


Fig. 2. The nonlinear electromagnetic field (NEMF) of the Earth

It seems the Earth is: 1/ breathing maximum energy in at 3 pm (when the magnetic and heating solar energy received by the Earth are maximum) and 2/ breathing energy out at 3 am (when the temperature of the Earth at the same place is minimum). This makes Earth's aura, which is the Earth NEMF, to be maximum at 3 pm and min at 3 am. Since the

Earth torus shape NEMF holds the ionosphere and the atmosphere, Earth's atmosphere is maximally thick at 3 pm and minimally thick at 3 am – as if the Earth is breathing in in 3 pm and breathing out in 3 am. Therefore, the human breathing with maximum at 3 pm and minimum at 3 am is synchronized with Earth's breathing.

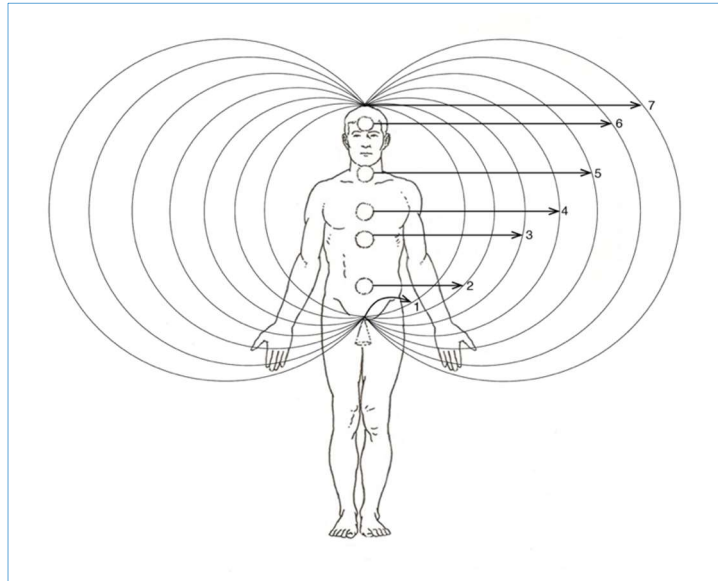


Fig. 3. The nonlinear electromagnetic field (NEMF) of man



Fig. 4. Kirlan photography of the aura of the author in 1991 (Kuman, 2015)

3. My Studies of Aura's Nonlinear Electromagnetic Field (NEMF) of Man

The human aura, which according to my long-term studies is nonlinear electromagnetic field (NEMF), has maximum extension at 3 pm and minimum extension at 3 am. The aura can be photographed with Kirlian photography, which uses high frequency electric field to multiply the photons of the weak aura and make it photographable. Below is picture of my aura taken in 1991 (Kuman, 2015).

4. Long-Term Cosmic Travels and Our Dependence on Earth

The synchronized breathing of man and Earth raises a question: For how long the astronauts would do well without having the Earth under their feet? At long-lasting cosmic travels, when man is away from the Earth for a long time, to keep the astronauts healthy maybe we should use magnetic field imitating the periodic changes of Earth's magnetic field. NASA needs to study this up-close before planning long-term cosmic travels.

5. The Minimum of Breathing Cycle Is Maximums of Deaths and Births

Since the breathing cycle has minimum at 3 am, most of the people die at 3 am, when the breathing is min (Luce, 1970). This is also the time when most of the babies are born (Luce, 1970) - the newborn babies take their first breath at the beginning of the breathing cycle.

When the breathing starts to increase after 3 am, the secretion of cortisol starts from the adrenal glands, which gradually increases the body energy preparing it for the active day. The amount of cortisol secreted in the blood drops down at the afternoon and evening to prepare us for the night rest and sleep (Kuman, 1993).

6. The Breathing Cycle Rules the Best Time for Medical Treatment and the Best Time to Eat

That is why ancient books on acupuncture say: 1/ If you want to stimulate with acupuncture, do it at the morning when the body energy grows – it is like swimming down the river flow. 2/ If you want to sedate with acupuncture, do it at the evening when the body energy decreases – it is like swimming down the river flow (Kuman, 1997). The cortisol energy cycle also explains: 1/ the ancient Hindu teaching: “Eat your breakfast alone, share your lunch with your friend, give your supper to your enemy”; 2/ the supper should be eaten before dark on Earth (before the body energy is too low) and at least 4 hours before sleep in cosmos; 3/ contemporary studies found that the assimilation of proteins is maximal at the morning, which explains why our breakfast should contain proteins, like omelet, boiled eggs, etc. (Kuman, 1993b).

7. Conclusion

Thus, we showed for the first time that our cycle of breathing is not ruled by the Sun, but by the cycle of breathing of the Earth. We also discussed the impact this may have on the health of astronauts in future long-term cosmic travels.

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